

41st ANNUAL SYMPOSIUM ON SPORTS MEDICINE
January 23-25, 2014

Preliminary Agenda

Thursday, January 23, 2014

5:30 – 7:30 p.m. **Symposium Registration**
6:00 – 9:00 p.m. **CPR Re-certification**

Friday, January 24, 2014

7:00 – 7:20 a.m. **Registration & Continental Breakfast**

7:20 – 7:30 a.m. **Introduction**
Robert H. Quinn, MD
Jesse C. DeLee, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 – 7:50 a.m. **The Pre-Participation Physical**
Speaker: Jeremy L. Dickerson, MD

7:50 – 8:05 a.m. **Nutrition in Athletics**
Speaker: Jorge E. Gomez, MD

8:05 – 8:25 a.m. **Dental & Facial Injuries**
Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m. **Dermatology in Athletics**
Speaker: John C. Browning, MD

8:45 – 9:05 a.m. **Asthma in the Athlete**
Speaker: Rodolfo R. Navarro, MD

9:05 – 9:25 a.m. **Diabetes in the Athlete**
Speaker: Jorge E. Gomez, MD

9:25 – 9:40 a.m. **Heat Illness**
Speaker: Shaylon D. Rettig, MD

9:40 – 9:55 a.m. **Stress Fractures: Vitamin D**
Speaker: Annette M. Zaharoff, MD

9:55 – 10:15 a.m. **Panel Discussion**

10:15 – 10:30 a.m. Break

SYMPOSIUM: HEAD, NECK, AND SPINAL COLUMN

Moderator: John R. Seals, MD

10:30 – 10:45 a.m. **Concussion: The National Movement**
Speaker: John R. Seals, MD

10:45 – 11:00 a.m.	Concussion: Return to Play Criteria Speaker: Thomas A. Kingman, MD
11:00 – 11:15 a.m.	Cervical Spine Injury Speaker: Pablo Vazquez-Seoane, MD
11:15 – 11:30 a.m.	Lumbar Spine Injury Speaker: Ajeya P. Joshi, MD
11:30 – 11:45 a.m.	Brachial Plexus Injury Speaker: Mark R. Bagg, MD
11:45 – 12:00 noon	Panel Discussion
12:00 – 1:00 p.m.	Lunch
	<u>SYMPOSIUM: THE LEG, FOOT, AND ANKLE</u> Moderator: Mark M. Casillas, MD
1:00 – 1:20 p.m.	Ankle Sprains: High & Lateral Speaker: Mark M. Casillas, MD
1:20 – 1:40 p.m.	Stress Fractures: Lower Extremity Speaker: Mark A. Foreman, MD
1:40 – 2:00 p.m.	Mid-Foot Sprains Speaker: Mark M. Casillas, MD
2:00 – 2:20 p.m.	Orthoses of the Foot and Ankle Speaker: Mark A. Kirchner, CPO, LPO
2:20 – 2:40 p.m.	Panel Discussion
2:40 – 3:00 p.m.	Break/Visit Exhibits
	<u>SYMPOSIUM: PEDIATRIC SPORTS INJURY</u> Moderator: Travis N. Murray, MD
3:00 – 3:20 p.m.	Knee Injuries in the Pediatric Athlete Speaker: Travis N. Murray, MD
3:20 – 3:40 p.m.	Foot and Ankle Injuries in the Pediatric Athlete Speaker: Kaye E. Wilkins, DVM, MD
3:40 – 3:55 p.m.	The Spine in the Pediatric Athlete Speaker: Earl A. Stanley, MD
3:55 – 4:10 p.m.	Panel Discussion
4:10 – 4:30 p.m.	Break
4:30 – 5:45 p.m.	<u>ANATOMY WORKSHOPS</u>
	Anatomy I: Anatomy of the Knee Speaker: Jesse C. DeLee, MD Philip M. Jacobs, MD

Anatomy II: Anatomy of the Foot & Ankle

Speaker: Mark M. Casillas, MD

Jeremy L. Dickerson, MD

Saturday, January 25, 2014

- 7:00 – 7:30 a.m. Continental Breakfast
- SYMPOSIUM: SHOULDER & UPPER EXTREMITY**
Moderator: Fred G. Corley, MD
- 7:30 – 7:50 a.m. **Physical Examination of the Shoulder**
Speaker: Anil K. Dutta, MD
- 7:50 – 8:10 a.m. **Instability of the Shoulder**
Speaker: Philip M. Jacobs, MD
- 8:10 – 8:30 a.m. **Rotator Cuff and SLAP Lesions**
Speaker: Michael D. Loeb, MD
- 8:30 – 8:50 a.m. **AC and SC Injuries**
Speaker: Matthew C. Murray, MD
- 8:50 – 9:10 a.m. **The Hand in Athletics**
Speaker: Fred G. Corley, MD
- 9:10 – 9:30 a.m. **Elbow Injuries in the Athlete**
Speaker: Bernard F. Morrey, MD
- 9:30 – 9:50 a.m. **Panel Discussion**
- 9:50 – 10:10 a.m. Break
- SYMPOSIUM: REHABILITATION**
Moderator: K. Renee Thiebaud, PhD, PT
- 10:10 – 10:25 a.m. **The Theory of Core Strengthening**
Speaker: Julie B. Barnett, PT, DPT, MTC
- 10:25 – 10:40 a.m. **Functional Movement Assessment**
Speaker: Emille Castillo-Garcia, PT
- 10:40 – 11:00 a.m. **Rehabilitation of the Foot and Ankle**
Speaker: Margaret A. Jacobs, PT
- 11:00 – 11:15 a.m. **Patellofemoral Joint: Therapy, Bracing, & Daily Activities**
Speaker: Manuel C. Sanchez, PT, LAT, ATC
- 11:15 – 11:30 a.m. **Shoulder Rehabilitation**
Speaker: Sheri D. Fossler, PT, OCS
- 11:30 – 11:45 a.m. **Spinal Rehabilitation**
Speaker: K. Renee Thiebaud, PhD, PT
- 11:45 – 12:00 noon **Panel Discussion**

12:00 – 1:00 p.m. Lunch
SYMPOSIUM: THE KNEE
Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m. **Knee Imaging**
Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m. **Meniscal Injury**
Speaker: John C. Pearce, MD

1:40 – 2:00 p.m. **Collateral Ligament Injury**
Speaker: Brad S. Tolin, MD

2:00 – 2:20 p.m. **The Patellofemoral Joint**
Speaker: Douglas Elenz, MD

2:20 – 2:40 p.m. Break/Visit Exhibits

2:40 – 3:00 p.m. **Stem Cell Therapy: Update**
Speaker: W. Randall Schultz, MD

3:00 – 3:20 p.m. **PCL**
Speaker: Matthew C. Murray, MD

3:20 – 3:40 p.m. **The ACL: Update**
Speaker: Jesse C. DeLee, MD

3:40 – 4:00 p.m. **Panel Discussion**

4:00 – 4:30 p.m. Break/Visit Exhibits

4:30 – 6:00 p.m. **WORKSHOPS**

Workshop I: Rehabilitation Techniques

K. Renee Thiebaud, PhD, PT
Jim Murphy, ATC, PT

Workshop II: Cardiac Screening

Arnold Fenrich, MD

Workshop III: Sports Medicine Case Conference

Jesse C. DeLee, MD
Matthew C. Murray, MD
John C. Pearce, MD
Mark M. Casillas, MD