REGISTRATION FORM

Continuing Medical Education 157815

43rd annual symposium on sports medicine January 21-23, 2016

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: Institutions registering more than one person must fill OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON

FIRST NAME:		MI:
LAST NAME:		
CREDENTIALS: (select	t all that apply)	
INSTITUTION:		
ADDRESS:		
CITY, STATE, ZIP:		
EMAIL:		
UT Health Science Center San Antonio Alumni? ☐ Yes ☐ No		
Do you have special requirements?		
THREE EASY WAYS ☐ Online: http://cme.t ☐ Fax: 210-562-5579 (credit card information ☐ Mail: Send Registrate	uthscsa.edu/sportsmedi include this registration on)	n form and payment with
UT Health Science Ce Continuing Medical Ed 7703 Floyd Curl Drive San Antonio, TX 78229	ucation – MC 7980	
REGISTRATION FEES:		
On or	Before Dec. 18, 2015	After Dec. 18, 2015
Physician	\$310	\$335
Others	\$180	\$200
CPR Recertification		\$65
TOTAL	\$	\$
☐ Check enclosed (plea☐ Please charge my: ☐		THSCSA CME-157815) Discover □ AMEX
Card number:	Exp. Date:	
Cardholder name: (Print as it appears on card)		
Signature Confirmation: All registrations are confirmed in writing. If you do not		

receive a confirmation within 2 weeks of registering, please contact us at

(210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.

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2016 3 3 ANNUAL JANUARY

SYMPOSIUM ON

43RD



43RD ANNUAL SYMPOSIUM ON **SPORTS MEDICINE**

JANUARY 21-23, 2016

MARRIOTT PLAZA SAN ANTONIO SAN ANTONIO, TEXAS



SPONSORED BY

UT HEALTH SCIENCE CENTER SAN ANTONIO SCHOOL OF MEDICINE DEPARTMENT OF ORTHOPAEDICS

http://cme.uthscsa.edu/sportsmedicine2016.asp

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head and neck in sports, foot and ankle, the skeletally immature athlete, upper extremity, upper extremity biomechanics and rehabilitation, and the knee. In addition, there will be special workshops on cutting-edge topics including Biomechanics in Rehabilitation, Cardiac Screening and Sports Medicine Case Conference. This year's anatomy dissection demonstrations focus on the Knee and Foot & Ankle.

TARGET AUDIENCE

The 43rd Annual Symposium on Sports Medicine is designed for orthopedic surgeons, physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 21, 2016. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site http://cme.uthscsa.edu/ sportsmedicine2016.asp for details.

CONTINUING EDUCATION STATEMENTS

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.0** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers. Application has been made for continuing education for

The 43rd Annual Symposium on Sports Medicine is <u>not</u> a BOC Approved EBP Program.

The University of Texas Health Science Center San Antonio School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steak-

A block of rooms has been reserved at the special rate of \$115 for single and double occupancy. Please be sure to reserve your reservation on or before **January 7, 2016**.

To receive the special rate visit, http://cme.uthscsa.edu/ sportsmedicine2016.asp or contact (800) 266-9432. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio 555 S. Alamo Street San Antonio, TX. 78205

PARKING

The Marriott Plaza San Antonio offers all Symposium attendees and registered guests with valet parking at a discounted rate based on the below scale. The Hotel no longer offers self-parking. Please be sure to factor-in time to find parking. Due to the nature of downtown, parking is limited, including handicapped spaces. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes <u>access</u> to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT

There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 18, 2015. Cancellations received after December 18, 2015 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

THURSDAY, JANUARY 21, 2016

4:00 - 6:30 p.m. **Conference Registration**

6:00 - 10:00 p.m. **CPR Re-certification**

FRIDAY, JANUARY 22, 2016

7:00 - 7:20 a.m.

Registration & Continental Breakfast

7:20 - 7:30 a.m.

Introduction & Welcome Remarks Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 - 7:50 a.m.

The Pre-Participation Physical

Speaker: Rodolfo R. Navarro, MD

7:50 - 8:05 a.m.

Nutritional Supplements

Speaker: Jorge E. Gomez, MD

8:05 - 8:25 a.m.

Facial & Dental Injuries

Speaker: Steven B. Buckley, DDS, MD 8:25 - 8:45 a.m.

Diabetes in the Athlete

Speaker: Jeremy L. Dickerson, MD

8:45 - 9:05 a.m.

Sudden Cardiac Death

Speaker: Rodolfo R. Navarro, MD

9:05 - 9:25 a.m.

Heat Illness

9:25 - 9:40 a.m.

Speaker: Jeremy L. Dickerson, MD

Update on Regenerative Medicine

Speaker: Annette M. Zaharoff, MD

9:40 - 9:55 a.m.

Skin Lesions in Athletes

Speaker: Shaylon D. Rettig, MD, MBA 9:55 - 10:15 a.m.

Panel Discussion

10:15 - 10:30 a.m.

Break/Visit Exhibits

HEAD & NECK IN SPORTS

Moderator: John R. Seals, MD

10:30 - 10:50 a.m.

Concussion Evaluation: Return to Play

Speaker: John R. Seals, MD

10:50 - 11:10 a.m.

Concussion: Return to Learn

Speaker: Shavlon D. Rettia, MD, MBA

11:10 - 11:30 a.m.

Cervical Spine Injury

Speaker: Thomas A. Kingman, MD

11:30 - 11:45 a.m.

Lumbar Spine Injury

Speaker: Pablo Vazauez-Seoane, MD

11:45 - 12:00 p.m. **Panel Discussion**

12:00 – 1:00 p.m. Lunch/Visit Exhibits

FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 - 1:20 p.m.

Ankle Sprains & Syndesmosis Diagnosis & Treatment

Speaker: Mark M. Casillas, MD

1:20 - 1:40 p.m.

Stress Fractures in the Lower Extremities

Speaker: Mark A. Foreman, MD

1:40 - 2:00 p.m.

Compartment Syndrome in Athletes

Speaker: Mark M. Casillas, MD

2:00 - 2:20 p.m.

Orthotics and Bracing

Speaker: Justin Pfaff, CP

2:20 - 2:40 p.m. **Panel Discussion**

2:40 - 3:00 p.m.

Break/Visit Exhibits

9:50 - 10:10 a.m.

THE SKELETALLY IMMATURE

ATHLETE

Moderator: Zachary Stinson, MD

3:00 - 3:20 p.m.

Shoulder & Elbow in the Skeletally Immature

Athlete

Speaker: John R. Faust, MD

3:20 - 3:40 p.m.

Knee Injuries in the Skeletally Immature

Athlete

Speaker: Zachary Stinson, MD

3:40 - 3:55 p.m.

Foot and Ankle Injuries in the Immature Athlete

Speaker: Grant Hoave, MD

3:55 - 4:10 p.m.

Panel Discussion 4:10 - 4:30 p.m.

Break/Visit Exhibits

ANATOMY WORKSHOPS

4:30 - 5:45 p.m.

Anatomy I - Knee

Speaker: Matthew C. Murray, MD

Anatomy II - Foot and Ankle

Speaker: Mark M. Casillas, MD

SATURDAY, JANUARY 23, 2016

1:20 - 1:40 p.m.

1:40 - 2:00 p.m.

2:00 – 2:20 p.m.

2:20 - 2:40 p.m.

2:40 - 3:00 p.m.

3:00 - 3:20 p.m.

3:20 - 3:40 p.m.

ACL Update

3:40 - 4:00 p.m.

4:00 - 4:30 p.m.

Panel Discussion

Break/Visit Exhibits

WORKSHOPS

4:30 - 6:00 p.m.

Break/Visit Exhibits

Meniscal Injury and Repair

Collateral Ligament Injury

Articular Cartilage Repair

The Patellofemoral Joint

Speaker: Douglas R. Elenz, MD

Speaker: Peter Indelicato, MD

Workshop I – Biomechanics in Rehabilitation

Speaker: Manuel C. Sanchez, PT, LAT, ATC

Workshop III- Sports Medicine Case Conference

Speaker: K. Renee Thiebaud, PhD, PT

Workshop II - Cardiac Screening

Speaker: Jesse C. DeLee, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

Speaker: Matthew C. Murray, MD

Speaker: David M. Bush, MD, PhD

Posterior Cruciate Ligament

Speaker: Brad S. Tolin, MD

Speaker: W. Randall Schultz, MD

Speaker: John C. Pearce, MD

Speaker: Matthew C. Murray, MD

7:00 - 7:30 a.m.

Continental Breakfast

UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 - 7:50 a.m.

Physical Exam of the Shoulder Speaker: Michael D. Loeb, MD

7:50 - 8:10 a.m.

Rotator Cuff & Slap Lesions

Speaker: Anil K. Dutta, MD

8:10 - 8:30 a.m.

The Hand in Athletics

Speaker: Fred G. Corley, MD

8:30 - 8:50 a.m.

AC. SC. and Clavicle

Speaker: Anil K. Dutta, MD

8:50 - 9:10 a.m.

Elbow Injuries in the Athlete

Speaker: Matthew C. Murray, MD

9:10 - 9:30 a.m.

Panel Discussion 9:30-9:50 a.m.

Break/Visit Exhibits

FEATURED SPEAKER

The Chain of Command in Athletic Medicine

Speaker: Peter Indelicato, MD

UPPER EXTREMITY BIOMECHANICS AND REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

Upper Extremity Biomechanics & Rehabilitation

Speakers: K. Renee Thiebaud, PhD. PT Julie B. Barnett, PT, DPT, MTC

> Manuel C. Sanchez, PT, LAT, ATC Margaret (Meg) A. Jacobs, PT

11:45 – 12:00 p.m.

10:10 - 11:45 a.m.

Panel Discussion 12:00 - 1:00 p.m.

Lunch/Visit Exhibits

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 - 1:20 p.m. **Knee Imaging**

Speaker: Jennifer E. Swart, MD

UT Health Science Center San Antonio Faculty

Julie B. Barnett, PT, DPT, MTC

Clinical Assistant Professor Department of Physical Therapy

Fred G. Corley, MD

Professor, Hand Service Department of Orthopaedics

Jesse C. DeLee, MD

Clinical Professor Sports Medicine and Hip & Knee Reconstruction Department of Orthopaedic Surgery

Anil K. Dutta, MD

Associate Professor Fred G. Corley, MD Distinguished Professorship in Orthopaedics Shoulder and Elbow Department of Orthopaedic Surgery

John R. Faust. MD

Assistant Professor Pediatric Orthopaedic Surgery

Mark A. Foreman, MD

Assistant Professor, Trauma and Post-trauma Reconstruction Department of Orthopaedics

Grant Hogue, MD

Assistant Professor/Clinical Pediatric Orthopaedic Surgery

Rodolfo R. Navarro, MD

Assistant Professor Department of Family & Community Medicine Department of Orthopaedics

Robert H. Quinn, MD

Professor and Chairman Residency Program Director John J. Hinchey M.D. and Kathryn Hinchey Chair in Orthopaedic Surgery Orthopaedic Oncology

Visiting & Guest Faculty

Steven B. Buckley, DDS, MD

Private Practice Alamo Maxillofacial Surgical Associates, P.A. San Antonio, Texas

David M. Bush, MD, PhD

Pediatric Cardiologist Pediatric Cardiology Associates San Antonio, Texas

Mark M. Casillas, MD

Orthopaedic Foot & Ankle Surgeon The Orthopaedic Specialists of San Antonio San Antonio, Texas

Jeremy L. Dickerson, MD

Sports Medicine The Orthopaedic Specialists of San Antonio San Antonio, Texas

Douglas R. Elenz, MD

Orthopaedic Surgeon Austin Sports Medicine Austin, Texas

Jorge E. Gomez, MD

Associate Professor/Assistant Team Physician Texas Children's Hospital/University of Houston Houston, Texas

Peter Indelicato, MD

Emeritus Professor of Sports Medicine Head Team Physician Department of Orthopedic Surgery University of Florida Gainesville, Florida

Margaret (Meg) A. Jacobs, PT

Physical Therapist Momentum Physical Therapy and Sports Rehab San Antonio, Texas

Thomas A. Kingman, MD

Owner/Neurosurgeon Thomas A. Kinaman, MD San Antonio, Texas

Michael D. Loeb, MD

Orthopedic Surgeon Texas Orthopedics, Sports & Rehabilitation Associates Austin, Texas

Matthew C. Murray, MD

Ortho San Antonio Sports Medicine/Arthroscopy San Antonio, Texas

John C. Pearce, MD Orthopedic Surgeon

Austin Bone & Joint Clinic

Austin, Texas

Licensed Certified Prosthetist/Orthotist Area Clinic Manager Hanger Clinic: Prosthetics & Orthotics San Antonio, Texas

Shaylon D. Rettig, MD, MBA

Justin Pfaff, CP

Section Chief, Sports Medicine Children's Hospital of San Antonio Baylor College of Medicine San Antonio, Texas

Manuel C. Sanchez, PT, LAT, ATC

Owner/Physical Therapist/Athletic Trainer Castroville Physical Therapy & Sports Medicine Rehabilitation Castroville, Texas

W. Randall Schultz. MD

Orthopedic Surgeon Texas Orthopedics, Sports & Rehabilitation **Associates** Austin, Texas

John R. Seals, MD

Pediatric Neurologist Private Practice San Antonio, Texas

Zachary Stinson, MD

Instructor Pediatric Orthopaedic Surgery Baylor College of Medicine Children's Hospital San Antonio, Texas

Jennifer E. Swart, MD Orthopaedic Imaging/Musculoskeletal South Texas Radiology Imaging Centers San Antonio, Texas

K. Renee Thiebaud, PhD, PT

Director of Physical Therapy The Orthopedic Store San Antonio, Texas

Brad S. Tolin, MD

Orthopedic Surgeon The San Antonio Orthopaedic Group San Antonio, Texas

Pablo Vazquez-Seoane, MD Orthopedic Surgeon South Texas Spinal Clinic, P.A.

Annette M. Zaharoff, MD

San Antonio, Texas

Sports Medicine, Board Certified Physical Medicine and Rehabilitation Director, The Non-Surgical Center of Texas San Antonio, Texas