44th Annual Sports Medicine Symposium
January 19-21, 2017

AGENDA

SCHEDULE/AGENDA

Thursday, January 19, 2017
4:30 – 6:30 p.m.
Conference Registration

6:00 – 10:00 p.m.
CPR Re-Certification

Friday, January 20, 2017
7:00 – 7:20 a.m.
Registration & Continental Breakfast

7:20 – 7:30 a.m.
Introduction & Welcoming Remarks
Robert H. Quinn, MD
Jesse C. DeLee, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

Moderator: Jorge E. Gomez, MD

7:30 – 7:50 a.m.
The Pre-participation Physical
Speaker: Jorge E. Gomez, MD

7:50 – 8:05 a.m.
The Female Athlete
Speaker: Shaylon D. Rettig, MD, MBA

8:05 – 8:25 a.m.
Facial and Dental Injuries
Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.
Diabetes in the Athlete
Speaker: Jeremy L. Dickerson, MD

8:45 – 9:05 a.m.
Asthma in the Athlete
Speaker: Rodolfo R. Navarro, MD
9:05 – 9:25 a.m.  
**Sudden Cardiac Death**  
Speaker: Rodolfo R. Navarro, MD

9:25 – 9:40 a.m.  
**Sports Performance in the Female Athlete**  
Speaker: Shaylon D. Rettig, MD, MBA

9:40 – 9:55 a.m.  
**Heat Illness**  
Speaker: Jorge E. Gomez, MD

9:55 – 10:15 a.m.  
*Panel Discussion*

10:15 – 10:30 a.m.  
*Break/Visit Exhibits*

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**SYMPOSIUM: HEAD AND CERVICAL SPINE INJURY**

Moderator: Moderator Name: John R. Seals, MD

10:30 – 10:50 a.m.  
**Concussion: Diagnosis and Return to Play**  
Speaker: Rodolfo R. Navarro, MD

10:50 – 11:10 a.m.  
**Concussion: The UIL Study**  
Speaker: John R. Seals, MD

11:10 – 11:30 a.m.  
**Cervical Spine Injury**  
Speaker: Thomas A. Kingman, MD

11:30 – 11:45 a.m.  
**Lumbar Spine Injury**  
Speaker: Pablo Vazquez-Seoane, MD

11:45 – 12:00 p.m.  
*Panel Discussion*

12:00 – 1:00 p.m.  
*Lunch/Visit exhibits*
SYMPOSIUM: FOOT AND ANKLE

Moderator:  Moderator Name: Mark M. Casillas, MD

1:00 – 1:20 p.m.
**Stress Fractures in the Lower Extremity- Diagnosis and Treatment**
Speaker: Jeremy L. Dickerson, MD

1:20 – 1:40 p.m.
**Forefoot Injuries in Athletes**
Speaker: Mark M. Casillas, MD

1:40 – 2:00 p.m.
**Compartment Syndromes in the Lower Extremity**
Speaker: Ravi A. Karia, MD

2:00 – 2:20 p.m.
**The Syndesmosis Injury- Diagnosis and Treatment**
Speaker: Mark M. Casillas, MD

2:20 – 2:40 p.m.
**Panel Discussion**

2:40 – 3:00 p.m.
**Break/Visit Exhibits**

SYMPOSIUM: THE ADOLESCENT ATHLETE

Moderator: Grant Hogue, MD

3:00 – 3:20 p.m.
**Injury to Shoulder and Elbow**
Speaker: John R. Faust, MD

3:20 – 3:40 p.m.
**Knee Injury in the Skeletally Immature Athlete**
Speaker: Zachary Stinson, MD

3:40 – 3:55 p.m.
**Training Techniques for the Skeletally Immature Athlete**
Speaker: Grant Hogue, MD

3:55 – 4:10 p.m.
**Panel Discussion**

4:10 – 4:30 p.m.
**Break/Visit Exhibits**
ANATOMY WORKSHOPS

4:30 – 5:45 p.m.
**Anatomy I - Shoulder**
Speaker: Matthew C. Murray, MD

**Anatomy II – The Elbow and Hand**
Speaker: Fred G. Corley, MD

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**Saturday, January 21, 2017**
7:00 – 7:30 a.m.
*Continental Breakfast*

**SYMPOSIUM: UPPER EXTREMITY**

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.
**Physical Examination of the Shoulder**
Speaker: Phillip M. Jacobs, MD

7:50 – 8:10 a.m.
**The Rotator Cuff and Biceps Anchor**
Speaker: Matthew C. Murray, MD

8:10 – 8:30 a.m.
**Shoulder Instability**
Speaker: Michael D. Loeb, MD

8:30 – 8:50 a.m.
**AC & SC Joints and the Clavicle**
Speaker: Anil K. Dutta, MD

8:50 – 9:10 a.m.
**The Elbow**
Speaker: Bernard F. Morrey, MD

9:10 – 9:30 a.m.
**Injuries of the Hand in Athletics**
Speaker: Fred G. Corley, MD

9:30 – 9:50 a.m.
*Panel Discussion*

9:50 – 10:10 a.m.
*Break/Visit Exhibits*
SYMPOSIUM: LOWER EXTREMITY BIOMECHANICS AND REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 11:45 a.m.

LOWER EXTREMITY BIOMECHANICS AND REHABILITATION

Speakers: Julie B. Barnett, PT, DPT, MTC
          Manuel C. Sanchez, PT, MPT, ATC, LAT
          Margaret (Meg) Jacobs, PT
          K. Renee Thiebaud, PhD, PT

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

SYMPOSIUM: THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Jerry Julian: The Sports Medicine Pioneer and His Legacy
Speaker: Jesse C. DeLee, MD
          Carey Windler, MD

1:20 – 1:40 p.m.

Anatomy and Imaging of the Knee
Speaker: Jennifer E. Swart, MD

1:40 – 2:00 p.m.

Meniscal Injury and Repair
Speaker: Mathew C. Murray, MD

2:00 – 2:20 p.m.

Collateral Ligament Injury: Isolated and Combined
Speaker: W. Randall Schultz, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

The Patellofemoral Joint
Speaker: John R. Green, III, MD

3:00 – 3:20 p.m.

The Posterior Cruciate Ligament
Speaker: Brad S. Tolin, MD
3:20 – 3:40 p.m.
**The ACL**
Speaker: John C. Pearce, MD

3:40 – 4:00 p.m.
*Panel Discussion*

4:00 – 4:30 p.m.
*Break/Visit Exhibits*

**WORKSHOPS**

4:30 – 6:00 p.m.

**Workshop I – Biomechanics and the Principles of Rehabilitation**
Speakers: K. Renee Thiebaud, PhD, PT
Manuel C. Sanchez, PT, MPT, ATC, LAT

**Workshop II – Cardiac Screening**
Speaker: David M. Bush, MD, PhD

**Workshop III – Sports Medicine Case Conferences**
Speakers: Jesse C. DeLee, MD
Mathew C. Murray, MD
John C. Pearce, MD
Mark M. Casillas, MD