

REGISTRATION FORM

Continuing Medical Education 159703

44TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 19-21, 2017

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ **MI:** _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

☐ MD ☐ DO ☐ PT ☐ PTA ☐ ATC ☐ LAT ☐ OT ☐ RN

☐ LVN ☐ Coach ☐ Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ **FAX:** _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? ☐ Yes ☐ No

Do you have special requirements? ☐ Yes ☐ No

Do you have special dietary needs? ☐ Yes ☐ No

If yes, a CME Staff person will contact you to see how we can assist.

THREE EASY WAYS TO REGISTER:

1 Online: <http://cme.uthscsa.edu/sportsmedicine2017.asp>

2 Fax: 210-562-5579 (include this registration form and payment with credit card information)

3 Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive – MC 7980
San Antonio, TX 78229-3900

REGISTRATION FEES:

	On or Before 12/22/16	After 12/22/16
Physician	\$310	\$335
Others	\$180	\$200
CPR Recertification	\$60	\$65
TOTAL	\$ _____	\$ _____

☐ Check enclosed (please make payable to UTHSCSA CME-159703)

☐ Please charge my: ☐ Visa ☐ Mastercard ☐ Discover ☐ AMEX

Card number: _____ **Exp. Date:** _____

Cardholder name: _____
(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.

The University of Texas Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive — MC 7980
San Antonio, Texas 78229 – 3900



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44TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 19-21, 2017



44TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 19-21, 2017

**MARRIOTT PLAZA SAN ANTONIO
SAN ANTONIO, TEXAS**



“In Memoriam: Jerry Julian, MD”

SPONSORED BY

**UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS**

<http://cme.uthscsa.edu/sportsmedicine2017.asp>

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head and cervical spine injury, foot and ankle, the adolescent athlete, upper extremity, lower extremity biomechanics and rehabilitation, and the knee. In addition, there will be special workshops on cutting-edge topics: Biomechanics and the Principles of Rehabilitation, Cardiac Screening and Sports Medicine. This year's anatomy dissection demonstrations focus on the Shoulder and the Elbow and Hand.

TARGET AUDIENCE

The 44th Annual Symposium on Sports Medicine is designed for orthopedic surgeons, physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 19, 2017. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu/sportsmedicine2017.asp> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers. Application has been made for continuing education for ATCs.

The 44th Annual Symposium on Sports Medicine is not a BOC Approved EBP Program.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$120 for single and double occupancy. Please be sure to reserve your reservation on or before **January 6, 2017**.

To receive the special rate visit, <http://cme.uthscsa.edu/sportsmedicine2017.asp> or contact **(800) 266-9432**. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio
555 S. Alamo Street
San Antonio, TX 78205

PARKING

The Marriott Plaza San Antonio offers all Symposium attendees and registered guests with valet parking at a discounted rate. The Hotel no longer offers self-parking. Please be sure to factor-in time to find parking. Due to the nature of downtown, parking is limited, including handicapped spaces. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT be available.

There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 22, 2016. Cancellations received after December 22, 2016 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866- 601-4448.

SCHEDULE

THURSDAY, JANUARY 19, 2017

4:30 – 6:30 p.m.
Conference Registration

6:00 – 10:00 p.m.
CPR Re-certification

FRIDAY, JANUARY 20, 2017

7:00 – 7:20 a.m.
Registration & Continental Breakfast

7:20 – 7:30 a.m.
Introduction & Welcome Remarks
Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Jorge E. Gomez, MD
7:30 – 7:50 a.m.

The Pre-Participation Physical
Speaker: Jorge E. Gomez, MD

7:50 – 8:05 a.m.

The Female Athlete
Speaker: Shaylon D. Rettig, MD, MBA
8:05 – 8:25 a.m.

Facial & Dental Injuries
Speaker: Steven B. Buckley, DDS, MD
8:25 – 8:45 a.m.

Diabetes in the Athlete
Speaker: Jeremy L. Dickerson, MD

8:45 – 9:05 a.m.

Asthma in the Athlete
Speaker: Rodolfo R. Navarro, MD

9:05 – 9:25 a.m.
Sudden Cardiac Death
Speaker: Rodolfo R. Navarro, MD

9:25 – 9:40 a.m.
Sports Performance in the Female Athlete
Speaker: Shaylon D. Rettig, MD, MBA

9:40 – 9:55 a.m.
Heat Illness
Speaker: Jorge E. Gomez, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.
Break/Visit Exhibits

HEAD AND CERVICAL SPINE INJURY

Moderator: John R. Seals, MD
10:30 – 10:50 a.m.

Concussion: Diagnosis and Return to Play
Speaker: Jeremy L. Dickerson, MD

10:50 – 11:10 a.m.

Concussion: The UIL Study
Speaker: John R. Seals, MD

11:10 – 11:30 a.m.
Cervical Spine Injury
Speaker: Thomas A. Kingman, MD

11:30 – 11:45 a.m.

Lumbar Spine Injury
Speaker: Pablo Vazquez-Seoane, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch/Visit Exhibits

FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Stress Fractures in the Lower Extremity- Diagnosis and Treatment
Speaker: Jeremy L. Dickerson, MD

1:20 – 1:40 p.m.

Forefoot Injuries in Athletes
Speaker: Mark M. Casillas, MD

1:40 – 2:00 p.m.

Compartment Syndromes in the Lower Extremity
Speaker: Ravi A. Karia, MD

2:00 – 2:20 p.m.

The Syndesmosis Injury- Diagnosis and Treatment
Speaker: Mark M. Casillas, MD

2:20 – 2:40 p.m.

Panel Discussion

2:40 – 3:00 p.m.

Break/Visit Exhibits

THE ADOLESCENT ATHLETE

Moderator: Grant Hogue, MD

3:00 – 3:20 p.m.

Injury to Shoulder and Elbow
Speaker: John R. Faust, MD

3:20 – 3:40 p.m.

Knee Injury in the Skeletally Immature Athlete
Speaker: Zachary Stinson, MD

3:40 – 3:55 p.m.

Training Techniques for the Skeletally Immature Athlete
Speaker: Grant Hogue, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break/Visit Exhibits

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I - Shoulder
Speaker: Matthew C. Murray, MD

Anatomy II – The Elbow and Hand
Speaker: Fred G. Corley, MD

SATURDAY, JANUARY 21, 2017

7:00 – 7:30 a.m.
Continental Breakfast

UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder
Speaker: Phillip M. Jacobs, MD

7:50 – 8:10 a.m.

The Rotator Cuff and Biceps Anchor
Speaker: Matthew C. Murray, MD

8:10 – 8:30 a.m.

Shoulder Instability
Speaker: Michael D. Loeb, MD

8:30 – 8:50 a.m.

AC & SC Joints and the Clavicle
Speaker: Anil K. Dutta, MD

8:50 – 9:10 a.m.

The Elbow
Speaker: Bernard F. Morrey, MD

9:10 – 9:30 a.m.

Injuries of the Hand in Athletics
Speaker: Fred G. Corley, MD

9:30 – 9:50 a.m.

Panel Discussion

9:50– 10:10 a.m.

Break/Visit Exhibits

LOWER EXTREMITY BIOMECHANICS AND REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 11:45 a.m.

Lower Extremity Biomechanics & Rehabilitation
Speaker: Julie B. Barnett, PT, DPT, MTC
Speaker: Manuel C. Sanchez, PT, MPT, ATC, LAT
Speaker: Margaret (Meg) Jacobs, PT

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch/Visit Exhibits

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Jerry Julian: The Sports Medicine Pioneer and His Legacy
Speaker: Jesse C. DeLee, MD

Speaker: Carey Windler, MD

1:20 – 1:40 p.m.
Anatomy and Imaging of the Knee
Speaker: Jennifer E. Swart, MD

1:40 – 2:00 p.m.

Meniscal Injury and Repair
Speaker: Mathew C. Murray, MD

2:00 – 2:20 p.m.

Collateral Ligament Injury: Isolated and Combined
Speaker: W. Randall Schultz, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

The Patellofemoral Joint
Speaker: John R. Green, III, MD

3:00 – 3:20 p.m.

The Posterior Cruciate Ligament
Speaker: Brad S. Tolin, MD

3:20 – 3:40 p.m.

The ACL
Speaker: Jesse C. DeLee, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Biomechanics and the Principles of Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT
Speaker: Manuel C. Sanchez, PT, MPT, ATC, LAT

Workshop II – Cardiac Screening

Speaker: David M. Bush, MD, PhD

Workshop III- Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: Matthew C. Murray, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

UT Health Science Center San Antonio Faculty

Julie B. Barnett, PT, DPT, MTC
Clinical Assistant Professor
Department of Physical Therapy

Fred G. Corley, MD
Professor, Hand Service
Department of Orthopaedics

Jesse C. DeLee, MD
Clinical Professor
Sports Medicine and Hip & Knee Reconstruction
Department of Orthopaedic Surgery

Anil K. Dutta, MD
Associate Professor
Fred G. Corley, MD Distinguished Professorship in Orthopaedics
Shoulder and Elbow
Department of Orthopaedic Surgery

John R. Faust, MD
Assistant Professor/Clinical
Pediatric Orthopaedic Surgery

John R. Green, III, MD
Associate Professor and Chief of Sports Medicine
Sports Medicine Fellowship Program Director
Department of Orthopaedics

Grant Hogue, MD
Assistant Professor/Clinical
Pediatric Orthopaedic Surgery

Phillip M. Jacobs, MD
Assistant Professor
Department of Orthopaedics

Ravi A. Karia, MD
Associate Professor
Trauma and Post-trauma Reconstruction
Department of Orthopaedics

Robert H. Quinn, MD
Chair and Professor
Residency Program Director
John J. Hinchey M.D. and Kathryn Hinchey Chair in Orthopaedics
Department of Orthopaedics
Musculoskeletal Oncology

Visiting & Guest Faculty

Steven B. Buckley, DDS, MD
Private Practice
Alamo Maxillofacial Surgical Associates, P.A.
San Antonio, Texas

David M. Bush, MD, PhD
Pediatric Cardiologist
Pediatric Cardiology Associates
San Antonio, Texas

Mark M. Casillas, MD
Orthopaedic Foot & Ankle Surgeon
The Orthopaedic Specialists of South Texas
San Antonio, Texas

Jeremy L. Dickerson, MD
Sports Medicine
The Orthopaedic Specialists of South Texas
San Antonio, Texas

Jorge E. Gomez, MD
Associate Professor
Adolescent Medicine & Sports Medicine
Texas Children's Hospital/Baylor College of Medicine
Houston, Texas

Margaret (Meg) A. Jacobs, PT
Physical Therapist
Momentum Physical Therapy and Sports Rehab
San Antonio, Texas

Thomas A. Kingman, MD
Owner/Neurosurgeon
Thomas A. Kingman, MD
San Antonio, Texas

Michael D. Loeb, MD
Orthopedic Surgeon
Texas Orthopedics, Sports & Rehabilitation Associates
Austin, Texas

Bernard F. Morrey, MD
Ortho San Antonio
San Antonio, Texas

Matthew C. Murray, MD
Ortho San Antonio
Sports Medicine/Arthroscopy
San Antonio, Texas

Rodolfo R. Navarro, MD
Private Practice
San Antonio, Texas

John C. Pearce, MD
Orthopedic Surgeon
Austin Bone & Joint Clinic
Austin, Texas

Shaylon D. Rettig, MD, MBA
Section Chief, Sports Medicine
Children's Hospital of San Antonio
Baylor College of Medicine
San Antonio, Texas

Manuel C. Sanchez, PT, MPT, ATC, LAT
Owner/Physical Therapist/Athletic Trainer
Castroville Physical Therapy & Sports Medicine Rehabilitation
Castroville, Texas

W. Randall Schultz, MD
Orthopedic Surgeon
Texas Orthopedics, Sports & Rehabilitation Associates
Austin, Texas

John R. Seals, MD
Pediatric Neurologist
Private Practice
San Antonio, Texas

Zachary Stinson, MD
Pediatric Orthopedic Fellow
Baylor College of Medicine
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Jennifer E. Swart, MD
Orthopaedic Imaging/Musculoskeletal Radiology
South Texas Radiology Imaging Centers (STRIC)
San Antonio, Texas

K. Renee Thiebaud, PhD, PT
Director of Physical Therapy
The Orthopedic Store
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Brad S. Tolin, MD
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Pablo Vazquez-Seoane, MD
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Carey Windler, MD
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