

Point-of-care Ultrasound CME Workshop

March 1-2, 2018

Day 1

Time	Group 1	Group 2
0730 – 0800	Breakfast & Pre-test	
0800 – 0810	Welcome & Course Overview	
0810 – 0830	Getting Started: Ultrasound Equipment & Knobology	
0830 – 0915	Focused Cardiac Ultrasound Lecture	
0915 – 0930	Break & Divide into 2 groups	
0930 – 1030	Table 1: Parasternal –long and short axis views Table 2: Apical 4-chamber view Table 3: Subcostal 4-chamber view & IVC	Practice Interpretation of Abnormal Cardiac Images
1030 – 1130	Practice Interpretation of Abnormal Cardiac Images	Table 1: Parasternal –long and short axis views Table 2: Apical 4-chamber view Table 3: Subcostal 4-chamber view & IVC
1130 – 1200	DVT and Basic Vascular Ultrasound Didactic	
1200 – 1300	Lunch	
1300 – 1330	Lung/Pleural Ultrasound Lecture	
1330 – 1415	Table 1: Lungs/pleura & Thoracentesis Table 2: LE DVT Table 3: LE DVT	Practice Interpretation of Abnormal Lung, Pleural, and Vascular Images
1415 – 1500	Practice Interpretation of Abnormal Lung, Pleural, and Vascular Images	Table 1: Lungs/pleura & Thoracentesis Table 2: LE DVT Table 3: LE DVT
1500 – 1515	Break & Transition	
1515 – 1600	Vascular Access (Central & Peripheral), Lumbar Puncture	
1600 – 1645	Table 1: Central venous access Table 2: Peripheral venous access Table 3: Lumbar puncture	Practice Interpretation of Abnormal Images
1645 – 1715	Practice Interpretation of Abnormal Images	Table 1: Central venous access Table 2: Peripheral venous access Table 3: Lumbar puncture
1715 – 1730	Wrap-up / Questions & Answers	
1730	Adjourn	

Day 2

Time	Group 1	Group 2
0730 – 0800	Breakfast	
0800 – 0900	Abdominal Ultrasound & Paracentesis Lecture	
0900 – 1000	Table 1: Gallbladder (GB, MLF, portal triad) Table 2: Aorta & branches (celiac, SMA, iliacs) Table 3: FAST: RUQ – LUQ – Bladder & Paracentesis	Practice Interpretation of Abnormal Abdominal Images
1000 – 1015	Break & Transition	
1015 – 1115	Practice Interpretation of Abnormal Abdominal Images	Table 1: Gallbladder (GB, MLF, portal triad) Table 2: Aorta & branches (celiac, SMA, iliacs) Table 3: FAST: RUQ – LUQ – Bladder & Paracentesis
1115 – 1200	Skin, Soft Tissues, & Joints	
1200 – 1300	Lunch	
1300 – 1415	Lecture: Shock (30min) Lecture: Cardiac Arrest (30min)	Table 1: Patient scanning – CHF Table 2: Patient scanning – Cirrhosis Table 3: Patient scanning – Other Pathologies
1415 – 1430	Break & Transition	
1430 – 1545	Table 1: Patient scanning – CHF Table 2: Patient scanning – Cirrhosis Table 3: Patient scanning – Other Pathologies	Lecture: Shock (30min) Lecture: Cardiac Arrest (30min)
1545 – 1630	Ultrasound Program Development & Faculty Panel Discussion	
1630 – 1700	Post-course test & Course Evaluation	
1700	Adjourn	