43rd Annual Symposium on Sports Medicine
January 21-23, 2016

AGENDA

Thursday, January 21, 2016
4:00 – 6:30 p.m.
Conference Registration

6:00 – 10:00 p.m.
CPR Re-Certification

Friday, January 22, 2016
7:00 – 7:20 a.m.
Registration & Continental Breakfast

7:20 – 7:30 a.m.
Introduction & Welcome Remarks
Robert H. Quinn, MD
Jesse C. DeLee, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 – 7:50 a.m.
Pre-participation Physical
Speaker: Rodolfo R. Navarro, MD

7:50 – 8:05 a.m.
Nutritional Supplements
Speaker: Jorge E. Gomez, MD

8:05 – 8:25 a.m.
Facial & Dental Injuries
Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.
Diabetes in the Athlete
Speaker: Jeremy L. Dickerson, MD

8:45 – 9:05 a.m.
Sudden Cardiac Death
Speaker: Rodolfo R. Navarro, MD
9:05 – 9:25 a.m.  
**Heat Illness**  
Speaker: Jeremy L. Dickerson, MD

9:25 – 9:40 a.m.  
**Update on Regenerative Medicine**  
Speaker: Annette M. Zaharoff, MD

9:40 – 9:55 a.m.  
**Skin Lesions in Athletes**  
Speaker: Shaylon D. Rettig, MD, MBA

9:55 – 10:15 a.m.  
**Panel Discussion**

10:15 – 10:30 a.m.  
**Break/Visit Exhibits**

**SYMPOSIUM: HEAD & NECK IN SPORTS**

Moderator: John R. Seals, MD

10:30 – 10:50 a.m.  
**Concussion Evaluation: Return to Play**  
Speaker: John R. Seals, MD

10:50 – 11:10 a.m.  
**Concussion: Return to Learn**  
Speaker: Shaylon D. Rettig, MD, MBA

11:10 – 11:30 a.m.  
**Cervical Spine Injury**  
Speaker: Thomas A. Kingman, MD

11:30 – 11:45 a.m.  
**Lumbar Spine Injury**  
Speaker: Pablo Vazquez-Seoane, MD

11:45 – 12:00 p.m.  
**Panel Discussion**

12:00 – 1:00 p.m.  
**Lunch/Visit Exhibits**
SYMPOSIUM: FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.
Ankle Sprains & Syndesmosis Diagnosis & Treatment
Speaker: Mark M. Casillas, MD

1:20 – 1:40 p.m.
Stress Fractures in the Lower Extremities
Speaker: Mark A. Foreman, MD

1:40 – 2:00 p.m.
Compartment Syndrome in Athletes
Speaker: Mark M. Casillas, MD

2:00 – 2:20 p.m.
Orthotics and Bracing
Speaker: Justin Pfaff, CP

2:20 – 2:40 p.m.
Panel Discussion

2:40 – 3:00 p.m.
Break/Visit Exhibits

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

Moderator: Zachary Stinson, MD

3:00 – 3:20 p.m.
Shoulder & Elbow in the Skeletally Immature Athlete
Speaker: John R. Faust, MD

3:20 – 3:40 p.m.
Knee Injuries in the Skeletally Immature Athlete
Speaker: Zachary Stinson, MD

3:40 – 3:55 p.m.
Foot and Ankle Injuries in the Immature Athlete
Speaker: Grant Hogue, MD

3:55 – 4:10 p.m.
Panel Discussion

4:10 – 4:30 p.m.
Break/Visit Exhibits
ANATOMY WORKSHOPS

4:30 – 5:45 p.m.
Anatomy I — Knee
Speaker: Matthew C. Murray, MD

Anatomy II — Foot and Ankle
Speaker: Mark M. Casillas, MD

Saturday, January 23, 2016
7:00 – 7:30 a.m.
Continental Breakfast

SYMPOSIUM: UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.
Physical Exam of the Shoulder
Speaker: Michael D. Loeb, MD

7:50 – 8:10 a.m.
Rotator Cuff & Slap Lesions
Speaker: Anil K. Dutta, MD

8:10 – 8:30 a.m.
The Hand in Athletics
Speaker: Fred G. Corley, MD

8:30 – 8:50 a.m.
AC, SC, and Clavicle
Speaker: Anil K. Dutta, MD

8:50 – 9:10 a.m.
Elbow Injuries in the Athlete
Speaker: Matthew C. Murray, MD

9:10 – 9:30 a.m.
Panel Discussion

9:30 – 9:50 a.m.
Break/Visit Exhibits
**FEATURED SPEAKER**

9:50 – 10:10 a.m.
*The Chain of Command in Athletic Medicine*
Speaker: Peter Indelicato, MD

**SYMPOSIUM: UPPER EXTREMITY BIOMECHANICS AND REHABILITATION**

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 11:45 a.m.
*Upper Extremity Biomechanics and Rehabilitation*
Speakers: K. Renee Thiebaud, PhD, PT
           Julie B. Barnett, PT, DPT, MTC
           Manuel C. Sanchez, PT, LAT, ATC
           Margaret (Meg) A. Jacobs, PT

11:45 – 12:00 p.m.
*Panel Discussion*

12:00 – 1:00 p.m.
*Lunch/Visit Exhibits*

**SYMPOSIUM: THE KNEE**

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.
*Knee Imaging*
Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m.
*Meniscal Injury and Repair*
Speaker: W. Randall Schultz, MD

1:40 – 2:00 p.m.
*Collateral Ligament Injury*
Speaker: John C. Pearce, MD

2:00 – 2:20 p.m.
*Articular Cartilage Repair*
Speaker: Matthew C. Murray, MD

2:20 – 2:40 p.m.
*Break/Visit Exhibits*
2:40 – 3:00 p.m.
**The Patellofemoral Joint**
Speaker: Douglas R. Elenz, MD

3:00 – 3:20 p.m.
**Posterior Cruciate Ligament**
Speaker: Brad S. Tolin, MD

3:20 – 3:40 p.m.
**ACL Update**
Speaker: Peter Indelicato, MD

3:40 – 4:00 p.m.
**Panel Discussion**

4:00 – 4:30 p.m.
**Break/Visit Exhibits**

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**WORKSHOPS**

4:30 – 6:00 p.m.

**Workshop I – Biomechanics in Rehabilitation**
Speaker: K. Renee Thiebaud, PhD, PT
Manuel C. Sanchez, PT, LAT, ATC

**Workshop II – Cardiac Screening**
Speaker: David M. Bush, MD, PhD

**Workshop III – Sports Medicine Case Conference**
Speaker: Jesse C. DeLee, MD
Matthew C. Murray, MD
John C. Pearce, MD
Mark M. Casillas, MD